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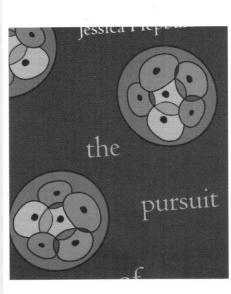
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the pursuit of motherhood Jessica Hepburn Paperback £7.99

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'For all the women who know how it

feels', Jessica Hepburn's book is a frank, emotional account of her journey – while babies are being born all around her, keeping busy with work doesn't stop the sinking feeling in her stomach every time she hears the good news from friends and family.

Having left her all-girls comprehensive conditioned to chase a career, Jessica had never considered having a baby until she was in her thirties, and when at 34 she and her husband decided it was time to start a family, they had no idea how hard it might be.

Month after month passed and soon they stopped having sex for the fun of it and started looking at the variables, focusing on the optimum times. The enjoyment gave way to meticulous planning – something that can't help but be at odds with busy lives and increasingly fractious relationships.

Jessica's writing is easy and flowing and

Jessica's writing is easy and flowing and the book's a real page-turner; it's a journey you're compelled to join – her strengths and weaknesses, her guilty pleasures, and most of all her rollercoaster of emotions laid bare. It's a great read for anyone for whom fertility is

an issue.